



Snoring & Sleep Apnea

Many of our patients who snore and have sleep apnea report that they cannot wear the CPAP device and much prefer the oral appliance.

Snoring is not dangerous to your health but can have a negative effect on the relationship with your spouse.

Sleep Apnea can increase the risk of high blood pressure, heart attacks, strokes, weight gain, daytime fatigue, memory loss, Type 2 Diabetes and gastroesophageal reflux (heartburn).

The oral appliance is similar to an orthodontic retainer. It is clear plastic and fits comfortably over the teeth. It is much smaller and easier to wear and to travel with than the CPAP device with all the hoses and straps.

The oral appliance works by moving the lower jaw and tongue gently forward which opens up the airway behind the tongue. Most dental insurance plans will pay for part of the oral appliance. Following treatment with the appliance, patients notice a return of their energy, their mood picks up, they accomplish more and their relationships improve.

If you are frustrated at being so tired, or your loved ones are tired of you snoring, or are concerned that you stop breathing at night, then call us today for a consultation appointment.

TMJ Jaw Joint Problems

Common TMJ Symptoms

- Headache
- Facial Pain
- Jaw Clicking
- Ear Pain
- Dizziness
- Neck & Shoulder Pain
- Limited Opening
- Ear Ringing & Stuffiness

TMJ Can Be Caused By...

- Improper Jaw Relationship
- Deep Overbite
- Dental Crossbite
- Receded Lower Jaw
- Trauma
- Accident Whiplash
- General Anesthetic



Orthodontics For Children & Adults

Early treatment means less time in fixed braces

Majority of cases are non-extraction and non-surgical
Functional Orthopedic Appliances
Invisible Braces Invisalign